

Fen Ditton Community Primary School  
Horningsea Road Fen Ditton Cambridge CB5 8SZ  
Telephone 01223 292342 Fax 01223 294790  
E-mail: [head@fendittonprimary.org](mailto:head@fendittonprimary.org)  
Headteacher: Mr Mark Askew

Tuesday 10<sup>th</sup> November 2020

### **Anti-Bullying Week 2020**

Dear Parents and Carers,

From **Monday 16<sup>th</sup> to Friday 20<sup>th</sup> November** it is **Anti-Bullying Week**. At Fen Ditton we believe that bullying damages children's and young people's physical and mental health, including their self-confidence and ability to build and sustain relationships. It can also destroy self-esteem sometimes with devastating consequences and with the effects lasting into adult life. Bullying undermines the ability to concentrate and learn and can impact on children's and young people's chances of achieving their full potential at school and later in life. Bullying causes harm to those who bully, those who are bullied and those who observe bullying. For these reasons, anti-bullying is of high importance at Fen Ditton.

This year we are doing a few things to raise awareness of anti-bullying and to empower our children:

Firstly, **on Monday 16<sup>th</sup> November** it is **Odd Socks Day**. We would like the children to **wear odd socks** to school and **donate £1 to the Anti-Bullying Alliance** (via their [Virgin Money page](#)). During the day the children will complete activities in order to raise the awareness of anti-bullying strategies. The children will also take part in a live-stream Odd Socks Assembly with their class. Secondly, throughout the week the children will spend their wellbeing and mindfulness slots completing some activities surrounding anti-bullying and raising awareness further.

Finally, we will hold a **competition on Google Classroom** for the children to take part in. We would like the children to **design their own odd socks** – there will be some prizes to be won! Please look on Mr. Askew's Google Classroom page.

If you would like to discuss anti-bullying with your child(ren) at home then please see the resources on the [Anti-Bullying Alliance's website](#).



Thank you for your continued support,

Miss Clough  
PSHE and Mental Health Lead